

Calendar of Events and Health Workshops for *April* 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 APRIL					1 Bingo 	2 Main Dining Room Program Of The Day 3:15 PM Bingo 4:15PM
2 Group Discussion  Trip to the 99 Cent Store	4 	5	6 Prize 	7	8 Music as therapy  Concert	9 <u>Everyday</u> <u>Individual Activities</u> Word Searches, Puzzles, Newspapers, Arts & Crafts, Games Library, Health Education and much more
10 Super Prize  Let's Stretch!	11 Chef Oleg Presents 	12	13 Easter Egg Coloring 	14 	15 Easter Egg hunt 	16 Registrants are free to access the community. Please see the Recreation Staff
17 Happy Easter! 	18 Bingo HAPPY  CONCERT 	19	20  Socasize with Kelly	21 	22 Prize Bingo Music Therapy With 	23 Telehealth Services Available
24 Trip to the Supermarket  MOVIE CLUB	25 Bingo Nutrition Tips 	26	27 Yoga & Meditation 	28	29 	30 *Community Walking Everyday 

*Programs are subject to change

Activities Are Your Choice- Don't See it, Just Ask!

Access to the Community is Your Choice!



Calendar of events for **May** 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Game Day Board Games Walking Trip to the 99 Cent Store	2 Bingo 	3	4 Line Dancing 	5	6 Bingo Concert 	7 Main Dining Room Program Of The Day 3:15 PM Bingo 4:15PM
8 Mother's Day Luncheon 	9 Bingo 	10	11 Super Prize 	12	13 Bingo 	14 <u>Everyday</u> Individual Activities Word Searches, Puzzles, Newspapers, Arts & Crafts, Games Library, Health Education and more
15 	16 Bingo Nutrition Tips 	17	18 Bingo  Yoga & Meditation	19	20 Bingo 	21 Registrants are free to access the community. Please see the Recreation Staff
22 Trip to Burlington/JC Penney  MOVIE CLUB	23 Registrant Council 	24	25 Bingo 	26 	27 Bingo 	28 Telehealth Services Available 
29 Trip to Five Below  MEMORIAL DAY REMEMBER & HONOR	30 Super Prize Bingo  Memorial Day Barbecue	31 				*Community Walking Everyday 

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