

# PEP 4 HIV PREVENTION

**Pharmacy Emergency  
Post-Exposure Prophylaxis  
for HIV Prevention**

# THE 4 POINTS OF PEP 4 HIV PREVENTION



1.

If you had sex or shared a needle with someone who has HIV, or whose HIV status is unknown;



2.

And, the exposure occurred within the last 72 hours;



3.

A trained pharmacist in this pharmacy;



4.

Can start you on medication to help protect you from HIV.

**Since PEP must be started quickly, a pharmacy is a good place to go because:**

- Pharmacies are often close by and open for extended hours;
- Pharmacies have the PEP medications in stock;
- Pharmacists are trained, caring people who can help you in a confidential way;
- If you are concerned about confidentiality, you can ask to speak with the pharmacist privately.

## **PEP can prevent HIV when the medicine is started as soon as possible and taken every day for 28 days.**

- The pharmacist can get you started on the medicine and will provide you with a 7-day supply;
- The pharmacist will explain the importance of seeing a health care provider;
- You can see your regular health care provider if you have one or the pharmacist can arrange an appointment with a health care provider for you.

## **If you decide to start PEP at the pharmacy, the pharmacist will work with you to arrange an appointment with a health care provider as soon as possible, within 1-3 days.**

### **The health care provider will:**

1. Assess your exposure to HIV;
2. Offer you HIV testing;
3. Make a decision about giving you a prescription to continue the medication for the full 28 days of HIV PEP;
4. Assess your possible exposure to hepatitis B and C and address as needed;
5. Counsel you about taking all the medication as prescribed.

## **Learn About Pre-Exposure Prophylaxis (PrEP).**

If you have successfully used PEP for a past exposure and you want to protect yourself from HIV in the future, you can consider Pre-Exposure Prophylaxis (PrEP). If HIV testing shows that you are not living with HIV, then PrEP is a prevention option for you.

### **Talk to your health care provider about PrEP or:**

- Visit a New York City Sexual Health Clinic (for NYS residents):  
<https://a816-healthpsi.nyc.gov/NYCSiteLocator>
- Check out the NYS PrEP Provider Directory for providers in NYC and across the state:  
<https://www.health.ny.gov/diseases/aids/general/prep/>

If you need PEP and do not have health coverage (Medicaid or private insurance) please go directly to an Emergency Department.

If you're in New York City, there are other options available for low cost access to PEP. Visit the NYC Health Map: <https://a816-healthpsi.nyc.gov/NYCHHealthMap>.

For locations which offer these services, select from the services menu on the left:

- Sexual Health Services
- PrEP and PEP
- Sliding Scale for Uninsured
- Free PEP for Uninsured